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How YOU can find the man of your dreams



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WHAT KIND OF MAN DO YOU REALLY WANT?

One of the strongest and best feelings in the world is the feeling of being in love and appreciated by someone. There's no limit to what some people will do to have this feeling of well-being.

Let me make it clear straight away, whether you are 16 and have never kissed, or are 70 and tried just about everything, your dream man is out there some place, and probably not just one place, but many places.

If you think there is only one person that is right for you then you're making a big mistake. In most successful marriages it's chance that brought the couple together and it's their ability to adapt and adjust to each other that is the decisive factor when it comes to them being right for each other.

If we look at divorce statistics, as a guideline, then over half the people who have fallen in love and got married didn't find the right person first time around.

Nor can we be completely sure that the people who do **not** get divorced found the right one either, but they may be happy enough to stay together just because the consequences of getting divorced are too great, either for them or because of their children.

Unfortunately, in the same way as they don't teach you at school how to think positively, set goals or build your own self-confidence, they don't teach you how to attract members of the opposite sex either.

One generation after the other is starting from scratch, using trial and error. And it's well-known no teenager will take advice from his parents on this particular subject. Most advice usually comes from people the same age, and you can imagine just how worthwhile that is.

So let's start at the beginning by asking the question:

Where can I find the right one for me?

My next question is: **Do you know what you are looking for?**

An old saying says, "If you don't know where you are going, any road will get you there."

So find out what kind of a man you are looking for before you start looking:

Is he tall or short, fat or thin?

How old is he going to be?

Has he never been married, or has he been divorced?

Is it a problem if he already has children?

Should he be well educated?

Is he a homely type or a career person?

What interests does he have?

Does he like dancing?

Must he be intelligent?

Is he an extrovert or an introvert?

Are you looking for a marriage partner, a discussion partner or a business partner?

In my opinion, most divorces come from starting a relationship with far too flimsy a foundation, without people ever thinking about what kind of a person they want to spend the rest of their life with, before promising love and devotion until death do them part.

You have to remember nobody is perfect, and nobody can be perfect, so it's more a question of how to accept the shortcomings of the one you have chosen to spend the rest of your life with, rather than trying to find the perfect partner.

It's my recommendation that you write down all the positive things you wish that person has, at the same time write down all the negative things you are willing to accept and can live with.

As an example, it's a waste of time, if you are primarily looking for a breadwinner, if you meet a man who prefers to be the homely type taking care of the house and garden rather than taking care of his career.

The likelihood that you'll encounter major disagreements is so great it will soon lead to you breaking up.

It's a well known fact most people learn from their own mistakes, so it can be easier to find the right one for you after you having had several relationships, because that way you can avoid some of the things you don't want to happen again.

MAKE A LIST

So the first important thing to do is to sit down and write down what kind of a man it is you want, and what qualifications he should have.

Use the list as a starting point.

When it comes to being **Intelligent**, lots of people fit this category, as it's a well-known fact that being intelligent is more than just having a high IQ, as there are many ways of being intelligent. Some of them are:

**Being intelligent with words,
Intelligent at art,
Intelligent at music,
Intelligent at sports
Intelligent at logic,
Intelligent with people,
And being intelligent about yourself, just to name a few.**

One or more of these categories covers most people, and being intelligent with words no doubt covers eloquence.

It's also clear that if you are intelligent at music then it's highly likely that you will attract men interested in music, and it's probably the same for the other things one is clever at.

Many men fall for women who have a good sense of humour, and if one has a good measure of self-irony thrown in then this usually is all for the better.

The ability to be positive and cheerful is something everybody appreciates. Not many men seek the company of a grouchy grumbler that complains and whines about just about everything.

When it comes to money matters, most men still see themselves in the role of the family's breadwinner, even though this doesn't always work out in reality, as the cost of living and starting a home are so high today, both usually need to have a job in order to make ends meet.

Having a sound financial situation is, however, not necessarily a decisive factor for a woman when she is looking for a man. It's usually something very different he's interested in.

It's well known that men generally have a big EGO, compared to women. What this means is that if you can make your man feel important, he'll often overlook other details. And the way to make a man feel important is the same as for a woman, let him talk about himself.

Don't talk too much about you and yours, but let him talk about himself and what interests him. Show an interest in what he says by listening attentively, ask questions that show you are interested and he'll feel good about himself. But, never forget, most men still like to feel that they are still the "boss" and in-charge, and a wise woman let's him keep thinking this way.

My wife's response to me when I say; "**Remember I am the head of the house**" is; "**yes, and I am the neck that turns the head around**". She is a smart woman.

Another thing that can be well worth remembering when you choose a man is to make sure he goes well together with any children you may have, your parents, your friends and your acquaintances.

Most men are preoccupied with the looks and appearance of a woman. How you dress, how elegant you can be, and what kind of a body you have all mean a lot to him.

It's also a myth that men like fat women. I have never personally met a man who prefers a fat woman, as opposed to one with a stunning figure. The fact that a man may accept a woman even though she gets fat after they get married is something completely different.

I think it's no different for women. Can you honestly tell me what you prefer, a man with a terrific body, or one that's fat? So don't delay, start slimming today if you don't want to end up at the back of the line. I have never heard a man say; "that was a nice and fat woman".

A good way of getting to understand men is to read books about the differences between men and women, the way they think and behave. I can recommend the book; "Men are from Mars, Women are from Venus" by John Gray. This book takes a humorous and practical approach to highlighting the differences between men and women, and everyone has something to learn here.

Another thing that can be crucial to remember when you are looking for the man in your life is that people never change.

Lots of people disagree with this statement because they believe they have changed a lot over the years. Most probably they have, particularly when it comes to the knowledge they have acquired and their attitude. But, however, it is a fact that our personality doesn't change. The way you were born is probably the way you will die.

It's well known that our genes and our environment determine how we develop, and for the sake of simplicity we can say that **genes** determine our personality and our **environment** determines what we learn and our attitudes towards different things in our lives.

Both these things obviously have a lot to do with how you are as a person, but I believe that your personality is inherited and can't be changed very much.

That's why it's so important that you control the things you can tolerate, and the things you can't, when you choose a partner for life.

As an example, if you are an orderly person by nature, I can guarantee that you have probably been that way all your life, and that you will keep on being that way for the rest of your life. On the other hand, if you meet a man who is messy and incapable of keeping his things in any kind of a system, then you might just as well give up straight away, as he almost certainly will never change. If you don't mind living in a mess and are not lightly to plan your days or life carefully, I would probably be able to see this when I visit your house or office. It is the same if you simply cannot live without order in everything you do I will be able to see that too.

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Everybody can be a little better in everything, if they want to, but this way of living and doing is in your genes and it is not much you can do with it.

There is nothing you can do to change this, far too many have tried and failed, it's simply just not possible. In certain areas we can of course improve somewhat, through learning, better systems and by changing ones' attitude a bit, but generally speaking one still stays the same. For my part I can't walk by a picture that's hanging crookedly without straightening it up. Yet there are lots of people who don't notice things like that.

It's vital that things match up in these basic areas, as the seeds for any number of disagreements can lay here.

SO, WHERE CAN YOU MEET THE MAN THAT'S RIGHT FOR YOU?

The first choice today is normally Internet and some dating website. That can work well for someone and has indeed been the right choice for many people, particularly for people over 50 who have been through life and who have some problem being out every evening looking for a partner. However, too many have been disappointed after too many "online" dates and become disillusioned after some time, hence they start losing their self-confidence so that can be fatal for some. And one more thing, what you see online is not always what you get. But it can always be worth a try.

One can never dismiss the possibility that you can meet the person that's right for you in any bar or discotheque, where strangers meet, but the chances are probably less here than in a number of other places.

If you are interested in politics, as an example, the probability that you will meet the right person at some political meeting, course or gathering is much greater than the likelihood of meeting that same person in a bar or some similar place.

If you have an interest in business, the chances are probably greater at seminars, on courses and in organisations such as Junior Chamber, Rotary, Kiwanis, Lions or Trade Associations and the like. It's far easier to get involved in a relationship, where there are one or two aspects about a person you like, and where the five or six aspects you don't like first make apparent after you've been together for a while.

As Managing Director for a number of companies up through the years, I know how important it is to hire the right person when a vacancy needs to be filled. At the recruitment interview I normally try to expose both positive and the negative sides of a person to see if they are qualified or not.

Even though it's not quite so easy to interview the man who is going to be your potential partner for life, there are a number of ways you can ask about what is on your mind and other things. What's important is that you don't skip this stage, as the truth will come out sooner or later, and by then it can often be too late.

There's no doubt some people will disagree with my approach, and they'll say that intuition and feelings must be allowed to steer what happens when choosing a partner for life. However, I am convinced that many problems and pitfalls could be avoided if one took the time to think things through early on, and check out a number of issues.

10 QUALITIES HE NEEDS TO HAVE

If you were on the lookout for a man today, then I'd make up a list with the ten qualifications that your man needs to have, and the ten things about him that you could never accept. As a general rule I can tell you that if he should have even the slightest chance of being in the reckoning, then he must have at least five of the positive qualities and **not have** at least five of the negative ones.

A list like this can act as a guideline as to what you can expect in the years to come, and you can avoid throwing away many years of your life with the wrong man.

You have probably heard the expression, "**like plays best with like**" and the other one that goes, "**opposites attract each other**".

I believe that opposites probably can be attracted to each other, on a physical level and early on, but I have no doubt whatsoever that if you want a sound, life long relationship with a man then "like plays best with like" is absolutely the most appropriate. If you have similar political viewpoints, schooling and interests, then there's no doubt, in my mind, that the chances of success are greatest.

There are thousands of things men do, and there are thousands of things women do, that are typical for each of them, and that go together to make up the differences between men and women.

Amongst other things women are more sensitive and intuitive than men, who are more practical and analytical in their dispositions. These are of course just general observations and not everyone can be regarded in the same way.

In today's society there are lots of ways finding the right man, and one of the more effective, in my opinion, is the use of contact ads in magazines for this kind of thing.

This way you exclude many people who are not eligible as the criteria in your ad can be very specific; you have only those who fit the description get in touch.

There are a numerous singles clubs you can join where it's possible to come in contact with the opposite sex. In places like this there are often people with a common interest and even if you don't happen to find the right one for you here, you can probably have a fun experience or two.

Apart from that it can be well worth remembering that someone always has to take the initiative, to start a conversation or to start a relationship. If you are too shy, and sit around waiting for someone else to take the initiative, then you are probably going to be sitting around waiting for a very long time.

Take the initiative, talk to the men you meet. You have everything to win and nothing to lose.

Even though it's been the man that traditionally takes the initiative, today's modern woman can't be as helpless as women once were. There is nothing wrong with you taking the initiative, today's women can ask for a dance or even propose just as much as a man.

Even though we have equality of the sexes today, and women quite often pay their way, when eating out, it's usually the man that takes the initiative to buy drinks in a bar when he wants to get better acquainted with a woman. (And here I'm talking about strangers, not friends out together.)

You can think what you like, but it's a fact that a man's intention for buying a woman a drink is not always honourable. If, as a woman, you are ever in doubt, then just order mineral water or a soft drink when a man offers you a drink, and you'll hear his disappointment. He had thought the drink would serve a purpose, to loosen you up a little and give easier access.

The way you treat a man has, however, a lot to say. If you treat him like the most important person on earth, he will feel that way, and he will appreciate you as a woman.

A man who lets trivial matters irritate him can make a lot of trouble for many a woman. There are thousands of small things you need to be aware of in your daily lives together.

One thing can be how you squeeze the toothpaste tube, or if you let hairs clog the wash basin after you have finished grooming your hair, or if you leave the table without clearing up the dishes, or the way you leave your shoes in the hall, or how you hang your clothes up, how you eat, how you dress, how hygienic you are, how you behave and how you use the TV remote, just to mention a few.

A bad temper has ruined many a marriage, and an uncontrolled temper in particular usually ends up with an argument.

Another thing worth considering if you are the jealous type and looking for a partner for life, is that you ought to watch out for the extravert men, as this will probably cause problems for you later on.

The way things end up here are that you either have to restrain him in some way, and that usually doesn't work, or you have to change your ways so you never get jealous any more.

If you are jealous or not usually depends on how self-confident you are, and what kind of a relationship you have together. If you trust him no matter what, then it will be easier for you, but if you have your doubts then you've got a problem.

I once heard of a couple that disagreed on an important issue, she wanted a large church wedding and he didn't want to get married at all. This is not an easy basis to work from.

THE FIRST DATE

Here are some suggestions where you can take a man on your first date:

Take him some place where they have a stand-up comedian, because an evening that starts with lots of laughter can easily help move the conversation forward as the evening goes on.

Another thing most men appreciate is being taken for a picnic outdoors with something a little extra in the basket, and preferably to some place that's at least a tiny bit romantic.

If you want to take him someplace that's both fun and a bit different, then you can take him to an auction. There's usually quite a lot of excitement in the air at auctions, and most men seem to appreciate it. And if you can afford it, maybe you can buy him a small gift of something that's being auctioned off.

Why not take him to a museum or a park where he hasn't been before, it can soon turn out to be a bit of an adventure and there's often romance in the air in places like that.

Another suggestion is to invite him to dancing classes if he is interested. Dancing classes are usually arranged across several evenings so you can be certain of getting together more than once, at the same time you get to come close dancing.

Another way is to invite him home for a dinner prepared by you. Even if you can't cook, you can order in, either you choose pizza or something a little more sophisticated. A setting like this can be quite romantic if you want it to.

Here are some things to remember if you want to make a good impression on the one you are going out with:

First of all, it's important to ask questions and listen to the answers.

Never fall in to the trap of talking too much about your self at the beginning.

When he has finally talked enough about himself and starts to ask about you, then is the best time to talk, not before. What you have to do next is make him feel important, when he's together with you.

There are many ways to do this, and listening actively is one of them. Another method is to show him that you are impressed by something he has done and a good question to ask in this connection is: "Did you really do that?" or "That's really quite something!"

You ought to make a mental note of some of what he's told you so you are sure to remember it next time you meet, then you can confirm you are a great admirer of his and the things he's done.

Another good idea, after you have been on a date, is to make it a habit to call him and thank him for an enjoyable evening and to tell him specifically **why** you thought it was enjoyable. At the same time you can ask him out for your next date, and depending of how the evening went you should be sure of the next one.

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Most people will want to know how the other person felt, and the day after is the day most people think about that. For that reason it can be a wise choice to call him, to give him the feedback he needs so he feels good about himself.

DO I REALLY WANT A MAN FOR LIFE?

Let me ask you a question, “are you really certain you want to have a permanent relationship with one man?” Too many women, especially after their first adolescence or their first marriage is over, have a tendency to be desperate to find a new partner for life.

Never lose sight of the fact that you are not alone. Just in America alone there are over 93 million single people. In Asia there are probably one billion singles. Many of these are obviously looking for a partner, yet others are happy to stay single.

Have you asked yourself the question, “What’s the reason I absolutely must find a partner for life?” What do you really want to get out of such a relationship, apart from the fact that you don’t want to be alone?

In the same way as many people come to a point in their lives when they make their mind up that they, as an example, don’t want to have children, because the disadvantages outweigh the benefits, and they decide to remain childless. It’s the same with relationships; there will always be benefits and disadvantages.

The question really is, therefore, “do I need a man?” and if the answer is in the affirmative, then ask, “Why do I need a man?” When you have written down your answers and thought them through, then you’ll have a better starting point from which to work from.

A word of warning, don’t worry about if you are going to find the right one for you, anybody can, so all you have to do is start looking. And to start with you have to take the initiative, because nothing just happens. Remember the old saying, “No Pain, No gain”, so if you want to get something you must do something.

Another thing you should never forget is that the one you want should be completely over any previous relationships. It can be previous loves, previous marriages or whatever; the important thing is that he is finished with them and ready for you.

Remember that falling in love is not something reserved for teenagers, even though they are more preoccupied by it, and less critical, and consequently fall in love more often than older people. If you are passed your first adolescence, or midway in life, you mustn’t forget that falling in love can happen to anybody at any age.

Have no doubt, when love comes knocking you’ll know all about it. A number of chemical reactions start to happen in different parts of the brain. The **cerebrum** is the centre for love and affection and stores impressions from your childhood, triggering the chemical reactions of when you fall in love.

Then you have the **limbic area** of the brain, also known as the centre for your feelings, with switches that trigger and increase the body’s natural amphetamines.

You also have the **oxide toxins centre** with its binding agents that influence your desire to have a stable relationship.

There's also your centre for **endorphins** that produces that warm glow of well-being and security feeling when you're in love.

Last, but not least, there's the **hypothalamus**, the centre for sexual arousal that channels the signals from the limbic area and cerebrum into the desire to have sexual intercourse.

In other words, a lot happens when we fall in love, and we have absolutely no idea where it all comes from, it just happens. This is one of the reasons why the pleasure of having sex is much greater when you are with someone you love, rather than with some casual acquaintance.

We usually enter into casual acquaintances for one reason only, and that's excitement and sexual interest, and it soon passes, so that if we don't have any other or stronger feelings, then the relationship quickly goes down the drain.

Lots of research has been done that shows that the feelings invoked by love and affection can be compared to the feelings invoked by certain types of narcotic substances. You can become indifferent, say stupid things and not care about the consequences of your actions.

Because of this it's easy to say that being in love is like being naturally high, using **natural** narcotics. It's just the same with the endorphins that are released when you are in love; they create a tremendous feeling of well-being.

BUT WHAT MOTIVATES US TO HAVE A PARTNER FOR LIFE?

To fully understand this we have to look more closely at motivation and what it is that motivates human beings. We have to remember that motivation is not a constant, it changes all the time, for different people in different situations.

What motivates us today is not necessarily that which will motivate us tomorrow. In addition, we are no longer willing to use the same amount of effort to achieve again that which we achieved previously and which was previously our driving force.

Motivation is really based on two main factors, the **desire to achieve happiness** and the **fear of avoiding pain or problems**. When it comes to wanting a partner for life, both factors come in to play.

We don't want the pain of being alone for the rest of our lives, and we do want the pleasure or happiness of being in the company of another person we like.

Both these motivational factors are strong, and ever present in this situation, but it is up to you to find out which one of them is the most important.

And in addition to everything else that's important, if you make a T-account with all the pain and problems that go with being alone on the one side, and all the joy and happiness and positive achievement on the other, then I'm sure you will soon find out which is best for you.

With regard to this relationship you want to establish with someone else, it's important to keep in mind that every one likes to have fun. In principle this means that if you can make your partner happy, then your chances of success are highest.

A good idea, at your first meeting, is to ask you potential new flame if he has any special wishes or dreams in life. Quite often this question leads to him telling you about his big dream, and what he relates to you will give you a good idea of what his innermost thoughts are, and what concerns him most.

DANCING.

Your image will, to a great extent, determine whom you meet along your way. It is, therefore, crucial you make up your mind what kind of impression you want to make, so you can attract the right kind of person, one who wants to be with the kind of woman you are.

You must dress, walk, stand and behave as if you are the person you want to be, before you can become that person. Put another way, “You are what you think you are”.

You must dare to ask. When I was very young I couldn't dance very well, and obviously this was a handicap whenever I went to a dancing place. More than once my friends, who were good dancers, had a clear advantage over me.

When I found the girl that had the appearance I was looking for, and was really attractive, I had a problem making contact with her. The reason was just because I couldn't ask her to dance. Time and time again my friends got the best girls, and mostly because they were good dancers.

I made my mind up there and then that was the last time, and I started dancing as often as I could, and before long I had become really good. From that day forward it has never been difficult to make contact with members of the opposite sex.

I'd go so far as to say that if you are a really good dancer then your chances of making contact with members of the opposite sex are increased many times over. So don't hesitate, start improving your dancing skills and you won't be alone any more.

Whilst we are on the subject of dancing, it's important that both of you like to dance. If you are a woman that doesn't like dancing and you have a man that does, then I hope you are the strong type that doesn't get jealous. If you are the jealous type, and your man likes to dance, then the scene is set for plenty of disagreements in the years to come.

There's a big difference in what women are looking for, depending on their age.

A younger woman is primarily on the lookout for looks and appearance in a young man; they fall in love frequently and change partners often. At this stage both boys and girls are at a learning stage, and there isn't much else than just physical attraction that forms the basis of their relationships.

Another stage in life is when both have been married and divorced and are ready for marriage again. In cases like this, the man is usually looking for a new wife, and the reason for the divorce could have been one was fed up with different things about one's partner, and broken up for this reason.

During this phase it is important to know exactly what you do **not** like, when it comes to qualities in a man, in order that you can focus on looking for just the type of person that meets your requirements. A man, in the same situation, is also more deliberate in his choices during this stage of her life.

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At this stage the need for being sound financially usually plays a much greater role. After each marriage that ends up on the rocks, both parties usually end up financially worse off, and they want to get out of this situation as quickly as possible.

Women's intuition is much stronger than men's, they know what's true and what's false, but nevertheless it pays to be honest. There are, of course, many ways in which to be honest and the main thing to remember is "**mean what you say, but don't say all you mean**". One can be **too** honest, and then things backfire and you can hurt the other person. So never forget, "mean what you say, but don't say all you mean".

BODY LANGUAGE

My first book, which I wrote in 1984, was called “**The Secrecy of Body Language**” and was a sale success in Norway. Body language is the subconscious non-verbal language made up of the signals we send to other people, without really thinking about it, but that everybody understands reasonably well. That’s why it’s so important you pay attention to the signals you send. Let’s consider what’s known as the “**outer body language**” first, it’s the kind of “signals” you send to others actually without using any bodily or physical movements.

It can be the way you dress, your jewellery, your haircut, piercing or tattoos, the colour of your skin, the title on your business card, the car you drive or the house you live in. All these things send messages to a man about who you are and what you like. Don’t forget, a man can have made his choice already at **this** stage.

When it comes to what we call “**inner body language**”, this has to do with how you use your body, both your facial expressions, the way you stand, how you use your eyes, and not least how you gesticulate with your hands and body.

Remember, most people judge you by the first impression you make, and thereafter by what they hear, it either confirms their first impression or lets them think about giving you a second chance.

What you have to remember is that the first contact has primarily to do with our eyes and what we see. And if a man likes what he sees, he’s usually willing to listen, which is the next phase.

There are, by way of an example, many ways to get a man’s attention, just by using ones’ eyes.

Most men that are interested in you will cast you a quick glance to get your attention and immediately look down, usually followed by a slight smile. If you experience this kind of body language from a man when you look at him, then there’s a good possibility it will lead to something.

If, on the other hand, he doesn’t look down, but straight through you, without smiling, then that’s not so good. If you can catch his eye once, twice or three times, and he is on the verge of smiling, then you can give him a little wink. Pay close attention to what happens next. If he is still smiling when he looks away, then he is definitely interested.

Your next step ought to be to make contact; either by asking for a dance, or by saying that you simply must talk to him, and ask if he has a moment. Don’t wait for an answer, just smile and sit down.

And whilst on the subject of body language, I’d like to mention a couple of things about wedding rings. If you are married, separated or engaged and wear a ring like this when out on the town, there are some things you should know about how men think.

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On the whole, men don't care if a woman is married or not, if she's interested then she's interested. It just so happens that most men are not looking for a partner for life on their first date, and your marital status doesn't come into it, not until later if everything fits.

Nor should one forget that both men and women have a tendency to relax once they've got what they were looking for. Both the positive qualities and that fine figures they once had, gradually disappear. Routine takes hold, and often heralds the end for many marriages.

In cases like this it is vital to have an open communication, in a civilised manner, to shed light all the shortcomings the other part has, and be strong enough to listen about ones' own shortcomings, without taking it personally. It doesn't take much to break negative habits if you are in agreement about them.

LIST OF WHAT A MAN LIKES

Finally, I'd like to put together a list of things that men in general like and dislike.

- Good looks and an attractive body appeal to a man. But be aware that only a few men fall for overweight or fat women.
- Men prefer women who are shorter than they are, but this is not the deciding factor if the personal qualities are in place.
- Men generally prefer women younger than they are; this is probably because a man's ego is bigger than a woman's, and a young woman can make him feel that he hasn't lost his manhood.
- Most men like women that are feminine, and dress accordingly.
- Men don't generally like "man eaters", unless they are looking for a "one night stand" when it can be an advantage.
- Men like to feel important, so let him feel this way.
- Men usually like to be waited on and if this is not a problem for you then you can benefit from it. Remember, next time it's your turn.
- A man ought to have a good sense of humour and good social antenna. He ought to be sociable and at ease with friends, both with men and women.
- Since women generally are more romantic than men, it can be a good idea to be the one that sets the example, and teach him how to do the things that lead to romance.
- Men must make an effort to keep up, and here the keyword to make a note of is; **surprise**. Being romantic is generally about surprising a man with something special, either candles at the dinner table, a present he doesn't expect, asking him out to dinner, a picnic outdoors, a love letter when he least expects it, as all these little things mount up and create a romantic picture.
- I'd dare to say that even though most men are not romantics, they would nevertheless make that little extra effort if they knew the benefits and opportunities doing so could create. That's why it's often easier for a mistress to outdo a man's wife, because a wife has stopped making an effort, and routine has taken over.
- A mistress is willing to use both time and effort to get a man, and therefore needs very little to compete with a married man's wife in this area.
- Finally, I'd like to say that if you really want to find the man in your life, you should use ample time to find out what kind of a person it is you are searching for. It will always be easier to find the right one for you, if you know what you are looking for.

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Positive regards
Rino Solberg